

# Living the Gospel

Chiara Lubich | Word of Life, April 1978  
Adapted by the Teens4Unity Center



«In everything, do to others as you would want them to do to you»

(Mt 7:12)

Have you ever felt the thirst for something infinite?

Did you ever feel dissatisfied with what you do or who you are?

If so, you will be happy to discover a secret that will fill your heart and give you what you desire. It's a sentence of the Gospel that makes you stop and think.

It's a law for everyone, taught by every religion and written in the heart of every human being. It's so precious that it's called:

## «The Golden Rule»

Let's love every person we meet during the day, whether they are nice or not, young or old, a friend or an enemy.

Let's put ourselves in their shoes and treat them as we would like to be treated.

A VOICE IN OUR HEART WILL TELL US WHAT WE SHOULD DO OR SAY IN EVERY SITUATION.



THIS IS CERTAINLY VERY DIFFERENT FROM OUR NORMAL WAY OF THINKING AND ACTING. BUT TAKE COURAGE!

Is someone hungry? I'm hungry, too. Let's give them something to eat. Is someone sad? I am, too. Let's try to comfort them and share their pain. Does anyone have a problem? I want to love them and feel their difficulties as my own.

THIS IS THE SECRET THAT MAKES US GROW AS A PERSON AND FIND THE HAPPINESS WE ARE LOOKING FOR.

At times it might be hard to do, and we want to go back to our old way of living, but let's go ahead, always starting over again, and the world around us will slowly begin to change.



Let's start right now with the person who is next to us in this very moment!

One day spent like this is worth a lifetime!



We'll experience that living the Gospel gives color to our whole life and lights up the world around us.